



## Exercises for Crossing Smoothly to Neighboring Strings

*Reminder 4)* Clear tones in double stopping, so far as the fingers are concerned, can be obtained only by placing the "higher" finger (numerically higher) on the string in such an attitude as not to interfere with the string upon which the "lower" finger is placed, e.g. the higher finger must lean as much as possible towards the string not in use. The same rule applies to double-notes one of which is represented by an open string, the latter taking the place of the lower finger.

The following examples will further illustrate the directions just given. The star (\*) will indicate the note stopped by the higher of the two fingers.

## Exercises in which one of the two notes is represented by a Lower Open String

This mark +, wherever it appears in this book, will indicate that the part or the line is also to be practiced on the other strings.



Exercises in which one of the two notes is represented by a Higher Open String



Exercises in which the Open String is made use of on Either side of the Finger





## Preparatory Exercises in Thirds (first position)

Fingers must remain on the strings whenever possible

The image displays ten staves of musical notation for preparatory exercises in thirds, first position. The exercises are written in treble clef with a key signature of one flat (B-flat). Each staff contains a sequence of chords and intervals, with fingerings (1, 2, 3, 4) and accents (+) indicated. The exercises progress from simple intervals to more complex patterns involving triplets and sixteenth notes.

\* The first and third fingers must remain on the strings while the second and fourth are in use.

Five staves of musical notation for finger independence exercises. The first two staves use treble clefs and contain chords and arpeggios. The last three staves use bass clefs and contain more complex rhythmic patterns with slurs and accents.

## Exercises for Independence of the Fingers

(A ten-fold repetition is recommended each time a repetition sign occurs.)

Six staves of musical notation for finger independence exercises. Each staff begins with a '+' sign and contains rhythmic patterns with slurs and repetition signs. The exercises progress from simple eighth-note patterns to more complex sixteenth-note and triplet patterns.

# Exercises in which Two Fingers are Raised and Lowered Simultaneously

The little notes are to be stopped but not sounded - as an aid to true intonation.

The musical exercises are arranged in 12 staves, grouped into pairs. Each pair represents a different key signature. The exercises involve simultaneous raising and lowering of two fingers, with slurs and ties indicating the sequence of notes. The first two staves are in B-flat major. The next two are in D major. The following two are in E-flat major. The next two are in B-flat major with a '+' sign above the first measure. The next two are in B-flat major with a '+' sign above the first measure and include fingerings 1, 2, and 3. The next two are in D major with a '+' sign above the first measure. The next two are in E-flat major with a '+' sign above the first measure. The final two staves are in B-flat major with a '+' sign above the first measure and include the instruction 'simile' above the first measure.

A musical score for a mental exercise consisting of eight staves of music. The first four staves are in a single key signature (one flat). The fifth staff begins with a key signature change to two sharps. The sixth staff includes the instruction "simile" above the notes. The music features various rhythmic patterns, including eighth and sixteenth notes, and rests.



## Mental Exercise for Recognizing Intervals

### Sixths

A musical score for a mental exercise consisting of four staves of music. Each staff contains a sequence of chords, specifically sixths, in various key signatures and positions. The chords are written in a simple, clear notation for recognition.



Reminder 8) In playing successive sixths, the finger stopping the higher note in the first double note is made use of for stopping the lower note in the second double-note.

For example  In descending it is vice-versa 

In order, therefore, that the finger shall change from one string to another without producing unintentional sounds, or a break, the change must be made by a *transfer*. That is to say, the customary vertical (up and down) action of the fingers must be abandoned and a sidewise movement substituted. This movement is made in a rapid and decided manner.

### Preparatory Exercises in Sixths (first position)



### Exercises for Simultaneous Double Stopping



+

*simile*

*simile*

+

*simile*

+

# Mental Exercises for Recognizing Perfect and Augmented Fourths

A musical exercise consisting of four staves of music. Each staff contains a sequence of chords, primarily dyads (two-note chords), in various keys and inversions. The exercise is designed to help the student recognize perfect and augmented fourth intervals. The chords progress through different keys, including major, minor, and augmented, and are presented in both root position and first inversion.

## Preparatory Exercise in Fourths

A preparatory exercise consisting of four staves of music. The first staff is in treble clef with a common time signature (C). It features a sequence of eighth-note pairs, each pair forming a perfect fourth interval. The second staff continues with similar pairs, some with accidentals. The third and fourth staves show more complex rhythmic patterns and intervals, including some with accidentals and ties, all maintaining the focus on fourth intervals.


## Exercises in Fourths and Sixths Combined


A set of three staves of music for combined fourth and sixth exercises. The first staff is in treble clef with a common time signature (C) and a plus sign (+) above the first measure. It features a sequence of eighth-note pairs, each pair forming either a perfect fourth or a perfect sixth interval. The second and third staves continue with similar pairs, some with accidentals, and include some chords with ties and accidentals, all maintaining the focus on fourth and sixth intervals.

## Shifting

*Reminder 9)* The rules for shifting in double-stopping are the same as those which are applied to shifting in single-stopping. It is therefore unnecessary to include here rules for that part of the subject which is alike in both and with which the player should be thoroughly familiar before undertaking shifting in double-stops. If however the student has not had a thorough drilling in single-stop shifting, he should not begin here. Instead he should lay this book aside for a time and take up the problem of shifting as prescribed in the book of "Scale Technic" (in single stopping, see foot note)\* The subject is generously treated there. The problem involved in double-stop shifting that is new to the player is:

### Unequal Shifting of Two Fingers

*Reminder 10)* The problem of unequal shifting, that is, where two fingers stopping a double-note have to shift unequal distances in order to reach two other notes, as would be the case in the following examples, for instance: -  is this, the two fingers having started to shift *simultaneously* must move *unequal* distances and reach their respective places at the *same instant*. This problem is a barrier in the path of progress to most pupils, simply because they do not know just how to avoid it. The following explanation, and the exercises, if carefully observed and practised will enable the student to make short work of this universally recognized difficulty.

The student has by this time learned to recognize at a glance whether an interval is major or minor and at the same instant to recognize whether the finger-separation is large or small. There will now only remain for him to learn the mechanical action of the fingers that will correspond to the finger-placings which he sees in his mind. In other words, in playing the following  the pupil should recognize at a glance 1) that the major third is followed by a minor third; 2) that the finger-separation is small in the major third and large in the minor; 3) that the third finger makes a shift of two tones and the first finger of a tone and a half. Thus the player will clearly understand that in passing from the first double-note to the second double-note the finger-separation is *altered* and the only question that will remain will be just when to make this alteration. The change in the finger-placing is made immediately after the shift has been started, BUT FOR PRACTICE AND IN ORDER TO DRAW THE PUPIL'S ATTENTION TO EXACTLY WHAT HAPPENS (TO THE PRECISE ALTERATION) IT IS *IMPORTANT* THAT THE ALTERATION SHOULD BE MADE BEFORE STARTING THE SHIFT, THUS EQUALIZING THE SHIFTING DISTANCE BETWEEN THE TWO FINGERS.

The exercises which follow will illustrate this further.



\* Scale Technic. How Acquired, Developed and Mastered - by Pavel L. Bytovetzski.  
Published by Carl Fischer, New York.

# Preparatory Exercises for Unequal Shifting on Double Notes

The grace notes are used here to equalize the shifting distance of both fingers in passing from one position to another.

The image displays ten staves of musical notation, each containing a sequence of double notes. The exercises are organized into five pairs, with each pair consisting of a staff with a treble clef and a key signature of one flat (B-flat major or D minor), and a corresponding staff with a bass clef and a key signature of two flats (B-flat major or D minor). Each staff begins with a '+' sign, indicating a grace note. The exercises are numbered 1 through 10, with the first five numbered 1-5 and the last five numbered 6-10. The notation includes various rhythmic values, accidentals, and fingerings (1, 2, 3, 4) to facilitate the study of unequal shifting on double notes. The exercises progress from simple intervals to more complex ones, including tritones and larger intervals, and incorporate grace notes to smooth the transitions between positions.

After the above exercises have been thoroughly practised as written, the grace notes should be made but not sounded and later they should be omitted altogether.

# Exercises for Shifting Unequal Distances

## Thirds and Sixths

This musical score consists of ten staves of music, each containing two lines of a grand staff (treble and bass clefs). The exercises are organized into four groups of two staves each, focusing on different intervals and techniques:

- Group 1 (Staves 1-2):** Focuses on thirds. The first staff uses a 3-finger pattern (1-2-3) for ascending and descending lines. The second staff uses a 1-finger pattern (1) for ascending and descending lines.
- Group 2 (Staves 3-4):** Focuses on sixths. The first staff uses a 2-finger pattern (1-2) for ascending and descending lines. The second staff uses a 2-finger pattern (2) for ascending and descending lines.
- Group 3 (Staves 5-6):** Focuses on thirds with a 2-finger pattern (1-2) for ascending and descending lines.
- Group 4 (Staves 7-8):** Focuses on sixths with a 3-finger pattern (1-2-3) for ascending and descending lines.
- Group 5 (Staves 9-10):** Focuses on sixths with a 4-finger pattern (1-2-3-4) for ascending and descending lines.

The score includes various key signatures (one flat, two flats, one sharp, two sharps) and includes repeat signs with first and second endings. Fingerings are indicated by numbers 1-4 above or below notes.

play also one note to the stroke

*simile*

## Exercises for Crossing to Neighboring Strings

Five staves of musical exercises for crossing to neighboring strings. Each staff contains a sequence of chords and intervals, often grouped by slurs and accompanied by fingering numbers (1, 2, 3, 4). The exercises are written in treble clef and include various key signatures and time signatures.

## Exercises in Thirds in the First and Third Positions

Three staves of musical exercises in thirds in the first and third positions. The first staff includes the instruction *simile*. The exercises consist of continuous eighth-note patterns of thirds, with slurs and fingering numbers (1, 2, 3, 4) indicating the sequence of notes.

## Exercises in Thirds in the Second and Fourth Positions

Three staves of musical exercises in thirds in the second and fourth positions. The exercises consist of continuous eighth-note patterns of thirds, with slurs and fingering numbers (1, 2, 3, 4) indicating the sequence of notes.



## Exercises in the First, Second, Third and Fourth Positions

This section contains six staves of musical exercises. Each staff begins with a treble clef, a key signature of one flat (B-flat), and a 4/4 time signature. The exercises consist of eighth-note patterns, often grouped in pairs or fours, with various fingering numbers (1, 2, 3, 4) written above the notes. Some notes are circled, and some are marked with an 'o' above them. The exercises are arranged in a sequence that covers the first, second, third, and fourth positions of the instrument.

## Exercises in Sixths in the First and Third Positions

This section contains three staves of musical exercises. Each staff begins with a treble clef, a key signature of one flat (B-flat), and a 4/4 time signature. The exercises consist of eighth-note patterns, often grouped in pairs or fours, with various fingering numbers (1, 2, 3, 4) written above the notes. Some notes are circled, and some are marked with an 'o' above them. The exercises are arranged in a sequence that covers the first and third positions of the instrument.